

# *Curriculum Vitae*

*Dr Matthew D. Gardiner*

**MB; BS Hons. 1 (U.N.S.W.); F.R.A.C.G.P. F.A.F.R.M. (R.A.C.P.)**

**Consultant Physician – Rehabilitation Medicine.**

**Senior Staff Specialist – Calvary Hospital.**

**Conjoint Lecturer – Faculty of Medicine – U.N.S.W.**

# **Curriculum Vitae**

## ***Personal Data:***

***Name:*** **Matthew David Gardiner**

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***Professional Address:*** St Luke's Hospital,  
18 Roslyn Street,  
Potts Point N.S.W. 2011

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# Curriculum Vitae

## *Educational Background:*

### *Tertiary Education:*

**Qualifications:** Bachelor of Medicine; Bachelor of Surgery.  
MB; BS (First Class Honours).  
**Year:** 1992  
**Institution:** University of New South Wales.

**Qualifications:** Fellow of the Royal Australian College of  
General Practitioners - F.R.A.C.G.P.  
**Year:** 1997  
**Institution:** Royal Australian College of General  
Practitioners.

**Qualifications:** Fellow of the Australasian Faculty of  
Rehabilitation Medicine – F.A.F.R.M.  
(R.A.C.P.)  
**Year:** 2000  
**Institution:** Royal Australasian College of Physicians.

### *Post Graduate Courses:*

**Course:** Upper Limb Prosthetics  
**Year:** 1998  
**Institution:** Rehab Tech - Monash University, Melbourne.

**Course:** Lower Limb Prosthetics  
**Year:** 1999  
**Institution:** The Prince Henry Hospital - Little Bay.

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## *Professional Appointments:*

- Year:* 1992  
*Institution:* Repatriation General Hospital Concord  
*Position:* Intern
- Year:* 1993  
*Institutions:* Repatriation General Hospital Concord &  
Auburn District Hospital  
*Position:* Resident Medical Officer
- Year:* 1994  
*Institution:* Repatriation General Hospital Concord  
*Position:* Senior Resident Medical Officer
- Year:* 1995 - (16th January - 16th July)  
*Institution:* Royal Australian College of General  
Practitioners Training Program  
*Position:* **Basic trainee for F.R.A.C.G.P.**
- Year:* 1995 - (17th July 1995 - 14th January 1996.)  
*Institution:* St. George & Calvary Hospitals, Kogarah.  
*Position:* **Registrar -  
Community Rehabilitation and Geriatric Service.**
- Year:* 1996 - (15th January 1996 - 14th July 1996.)  
*Institution:* Royal Australian College of General  
Practitioners Training Program  
*Position:* **Advanced Trainee for F.R.A.C.G.P.**
- Year:* 1996 - (15th July 1996 - 13th January 1997.)  
*Institution:* Royal Australian College of General Practitioners  
Training Program  
*Position:* Subsequent General Practice Experience for  
F.R.A.C.G.P.

# Curriculum Vitae

*Year:* 1997 - ( 14th January 1997 - 14th July 1997.)  
*Position:* Private practice - Randwick and Gladesville.

*Year:* 1997 - (14th July 1997 - January 1998.)  
*Institution:* Calvary Hospital, Kogarah N.S.W.  
*Position:* **Registrar - Geriatric Rehabilitation Unit.**

*Year:* 1998 - (12th January 1998 - 12th July 1998.)  
*Institution:* The St. George Hospital, Kogarah N.S.W.  
*Position:* **Registrar - Rehabilitation Unit.**

*Year:* 1998 - (13th July 1998 -10th January 1999.)  
*Institution:* The Prince of Wales & Prince Henry Hospitals  
*Position:* **Registrar - Spinal Injuries Unit.**

*Year:* 1999 - (11th Jan. 1999 - 16th Jan. 2000.)  
*Institution:* The Prince of Wales and Prince Henry Hospitals  
*Position:* **Registrar - Rehabilitation Unit.**

*Year:* 2000 - (17th January - 16th July 2000)  
*Institution:* The St. George Hospital, Kogarah N.S.W.  
*Position:* **Registrar - Rehabilitation Unit.**

*Year:* 2000 - (16th July 2000 - January 2001)  
*Institution:* Calvary Hospital, Kogarah N.S.W.  
*Position:* **Registrar – Community Aged Care and Geriatric Rehabilitation Unit.**

# Curriculum Vitae

## *Current Appointments:*

*Year:* 2001 - present  
*Institution:* Calvary Hospital, Kogarah N.S.W.  
*Position:* **Senior Staff Specialist**

*Year:* 2004 – present  
*Institution:* St Luke's Private Hospital –  
Potts Point, N.S.W.  
*Position:* **VMO**

*Year:* 2001 - present  
*Institution:* University of New South Wales  
*Position:* **Conjoint Lecturer**  
Faculty of Medicine.

# **Curriculum Vitae**

## ***Current Clinical & Administrative Activities:***

### **Senior Staff Specialist – Calvary Hospital, Kogarah.**

Geriatric Rehabilitation Unit; Day Rehabilitation Program;  
Motor Neuron Disease Service; Aged Care Assessment Team.

### **Visiting Staff Specialist – St George Hospital.**

Paediatric & Adult - Seating, Wheelchair & Orthotic Clinics –  
Developmental Assessment Service.

### **Visiting Medical Officer & Member:**

- **Medical Advisory Committee &**
- **Board of Directors.**

**– St Luke’s Hospital, Potts Point.**

## ***Professional Associations:***

***Registration:*** A.H.P.R.A. – Australian Health  
Practitioner Regulation Agency.

***Memberships:*** Avant Insurance.

# Curriculum Vitae

## *Publications:*

### *a). Books:*

- **Community Support Services for the Elderly – 3rd edition.**

by **Dr Matthew D. Gardiner.**

### *Editing and formatting of the following books:*

- **A Simple Guide to Trauma – 5<sup>th</sup> edition.**  
by Professor R.L. Huckstep.
- **A Simple Guide to Orthopaedics.**  
by Professor R.L. Huckstep.
- **Brain Injury and Stroke – A Handbook to Recovery.**  
by Dr E.A. Freeman.

### *b). Chapters:*

#### **The Neuropalliative Multidisciplinary Team— Members and their Roles.**

F Brennan; **Matthew D. Gardiner**; M Narasimhan.

#### *Handbook of Clinical Neurology – 2022.*

*Neuropalliative Care, Part I*, Chapter 3, pp. 33-59.

<http://dx.doi.org/10.1016/B978-0-323-85029-2.00010-5>



# Curriculum Vitae

## *c). Journal Articles:*

### **1. Inter-observer Reliability of Clinical Outcome Measures in a Lower Limb Amputee Population.**

**Matthew D. Gardiner;** S. Faux; L.E. Jones.

*Disability and Rehabilitation.*

March, 2002. Volume 24; Number 4, 219 – 225.

### **2. Isolated Unilateral Hand Weakness Due to Cortical Cerebral Ischaemia.**

Wei Qu; **Matthew D. Gardiner.**

*Physical Medicine & Rehabilitation – (PM&R).*

Volume 9, Issue 4, April 2017, Pages 419–421.

### **3. Oxycodone / naloxone: An Unusual Adverse Drug Reaction.**

Fiona Lau; **Matthew D. Gardiner.**

*Australian Family Physician.*

Jan-Feb 2017. Volume 46; Number 1-2, pp 42-43.

### **4. Management of Nursing Home Residents Following Acute Hospitalization: Efficacy of the Regular Early Assessment Post-Discharge (REAP) Intervention.**

Nicholas J. Cordato; Mary Kearns; Peter Smerdely; Katrin M. Seeher;

**Matthew D. Gardiner** & Henry Brodaty.

*Journal of the American Medical Directors Association.*

Volume 19, Issue 3, March 2018, Pages 276.e11-276.e19

<https://doi.org/10.1016/j.jamda.2017.12.008>

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## 5. Multidisciplinary Management of Motor Neuron Disease.

Fiona S. Lau; Frank P. Brennan; **Matthew D. Gardiner.**

*Australian Journal of General Practice.*

Volume 47, Number 9, September, 2018: pp 593 – 597.

(*Aust J Gen Pract.* 2018 Sept; 47 (9) : 593 – 597.)

## 6. A Guide to the Management of Paediatric Pes Planus.

Claire Turner, **Matthew D Gardiner**, Ann Midgley,  
Anastasia Stefanis.

*Australian Journal of General Practice.*

Volume 49, Issue 5, May 2020: pp 245 - 249.

(*Aust J Gen Pract.* 2020 May; 49 (5): 245 – 249.)

<https://www1.racgp.org.au/ajgp/2020/may/paediatric-pes-planus>

## 7. Cancer Rehabilitation and Palliative Care – Exploring the Synergies.

Rabeya A. Chowdhury, Frank P. Brennan, **Matthew D. Gardiner.**

*Journal of Pain and Symptom Management.*

Volume 60, Issue 6, December 2020: pp. 1239-1252

<https://doi.org/10.1016/j.jpainsymman.2020.07.030>

## 8. Case Report - Bilateral Symmetrical Dystonia Secondary to Aripiprazole.

Ibrahim Merei, Millie Ho and **Matthew D Gardiner.**

*Australian & New Zealand Journal of Psychiatry.*

DOI: 10.1177/00048674211040014

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## **9. Gait Assessment in General Practice.**

Appukutty Manickam, **Matthew D Gardiner**.

*Australian Journal of General Practice.*

Volume 50, Issue 11, November 2021: pp 801 – 806.

(Aust J Gen Pract. 2021 Nov; 50 (11): 801 – 806.)

doi: 10.31128/AJGP-12-20-5777

## **10. Motor neuron disease – The last 12 months.**

Frank Brennan, **Matthew D Gardiner**, Manisha Narasimhan.

*Australian Journal of General Practice.*

Volume 51, 5, May 2022: pp 329 – 336.

doi: 10.31128/AJGP-07-21-6097

<https://www1.racgp.org.au/getattachment/4306db03-7843-419d-a0f0-da78d5ead360/The-last-12-months-of-motor-neuron-disease.aspx>

## **11. Our Dementia Challenge: Arise Palliative Care.**

Brennan, F., Chapman, M., **Gardiner, Matthew David.**, Narasimhan, M. and Cohen, J.

*Internal Medicine Journal.*

Volume 53: 23<sup>rd</sup> February, 2023; pages:186 -193.

<https://doi.org/10.1111/imj.16011>

## ***Conference Papers:***

- 1. International Society for Prosthetics and Orthotics  
- Hobart, Tasmania, November 1999.**

*Comparison of Clinical Outcome Measures in Lower Limb Amputees.*

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- 2. Third Annual South East N.S.W. Rehabilitation Symposium.**  
- Bateman's Bay – November, 2002.

*Rehabilitation and the Older Person.*

- 3. Hospital in the Home; Sydney, 7 – 9th April, 2003.**

*Hospital in the Nursing Home.*

## *Conference Posters:*

- 1. Combined Conference of The Australasian Faculty of Rehabilitation Medicine & The Australasian Faculty of Occupational & Environmental Medicine – Adelaide, South Australia, 6th – 9th May, 2008.**

*Opportunities to Enhance Dementia Management in the Community.*

Drs Helani Levand, Kathryn Brooke & Matthew D. Gardiner.

- 2. The Australian & New Zealand Society for Geriatric Medicine – Annual Scientific Meeting. International Convention Centre, Sydney. 27<sup>th</sup> – 29<sup>th</sup> June, 2018.**

*The Effect of Frailty on Outcomes of Older Patients Undergoing Rehabilitation.*

Drs Bitra Rajabipour, Matthew D. Gardiner, Martin Kennedy & Peter Smerdely.

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**3. Rehabilitation Medicine Society of Australia and New Zealand – (RMSANZ) Conference, Adelaide- October, 2019.**

*‘Isolated Unilateral Hand Weakness due to Cortical Cerebral Ischaemia.’*

Wei Qu, **Matthew D. Gardiner.**

## ***Teaching:***

### ***1. Postgraduate Medicine:***

**Lecturer – Master of Medicine, (Geriatrics) & Master of Public Health courses – 1998, 1999, 2002; 2003; 2004; 2005; 2006; 2007. University of N.S.W.**

***(a). Community Services for the Aged &***

***(b). Rehabilitation and the Elderly.***

### ***2. Undergraduate Medicine:***

**U.N.S.W. 2000 – Present.  
Aged Care & Rehabilitation  
Lecturer, tutor, examiner.**

## ***Awards and Achievements:***

***Undergraduate:*** Paediatrics Staff Prize -  
(U.N.S.W. - 1991)

***Postgraduate:*** Justice of the Peace -  
(New South Wales - 1993)

***Referees:*** *supplied upon request.*